



VISIT ANTWERP



## Refresher



### Regional anesthesia anno 2021 Are you up to date?

27 November De Ark Antwerp harbour

Hands on Workshops with international guest speakers



Dr Wolmarans



Dr O'Donnell



Dr Hadzic

More reasons to come:

- Interactive quiz
- Nurse program
- Phantom and skills corner
- Anatomy corner
- BAT corner
- Video corner

**Friday night: social program with Belgian Beer tasting**

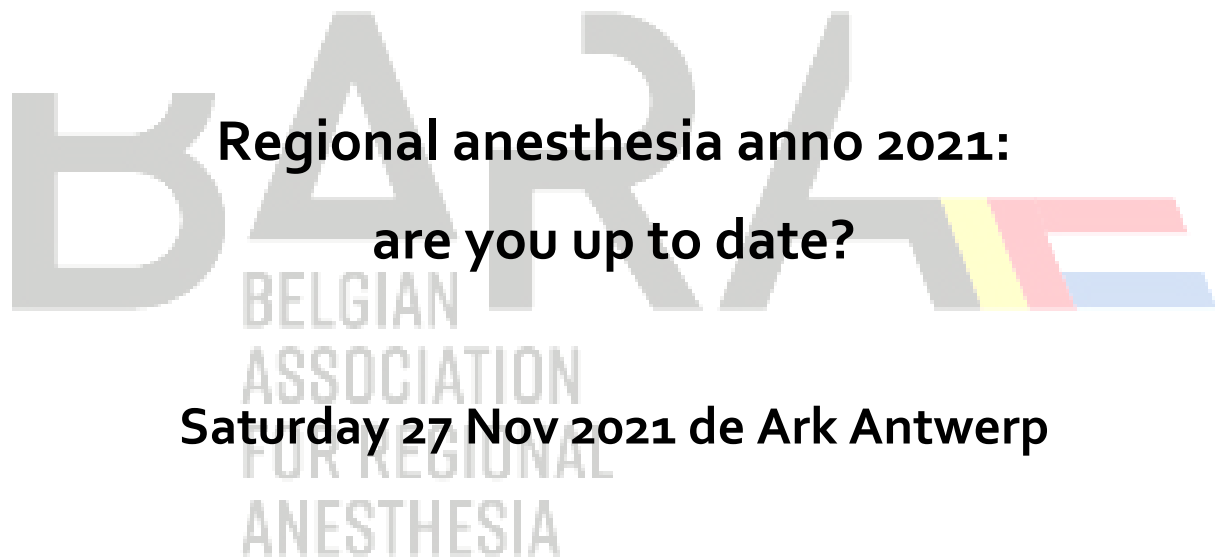


Check our website for the program and register at [www.bara2001.be](http://www.bara2001.be)



# BARA DARA Refresher symposium 2021

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# Program

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08:30 Registration

09:00 Introduction

Prof Breebaart / Dr Vermeyleen

09:15 *Part 1: Quiz 40 questions you should be able to answer*

10:00 *Part 2:*

*Topic 1: Top five upper limb*

- What is hot anno 2021 10 min Dr. Wolmarans
- Short theory 10 min Dr Herteleer
- Short demo 15 min Dr Van Aken
- Live scan 40 min Faculty

11:15 Coffee break

*11:30 Topic 2: Top 5 Truncal blocks*

- What is hot anno 2021 10 min Dr O'Donnell
- Short theory 10 min Dr Herteleer
- Short demo 15 min Dr Van Aken
- Live scan 40 min Faculty

13:00 Lunch

*14:00 Topic 3: Adjuvants and teaching*

- What's new on adjuvants Dr Desmet
- Regional and teaching Dr Hadzic
- Surprise lecture Dr Wolmarans

*15:30 Topic 4: Top 5 peds*

- 50 min: Regional for kids; not the same as in adults, Dr Tielens

16:20 Expert panel interaction: Questions/answers

Among the Faculty for hands on: Dr O'Donnell, Dr Wolmarans, Dr Bloc, Dr Schoenmakers, Dr Vermeyleen, Dr Desmet, Dr Leunen, Dr Caesar, Dr Tielens, Dr Herteleer, Dr Van Aken, Dr Van Herreweghe, Prof Breebaart

## More reasons to come:

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### Interactivity

Ask your questions with your smart phone at any moment during the lectures!

### Phantom corner + Skills corner

How are our skills to convert 2d to 3d images? Test yourself at our phantom corner during the lectures!

How are your needling skills? Want to compare material? Want to compete in speed? Puncture as much as you like at our needling corner

### Anatomy corner

Any questions on anatomy? Some things that seem unclear? Ask our anatomist and get a one on one explanation on the black board!

### BAT corner

Residents are our future, find out what is important to them or visit your peers

### Video corner

The web provides an overload of well-meant advice how to perform your blocks. Discover what we find the most educational and useful sites and apps

### Hands on scanning

Small groups with experts to guide you. Discover tips and tricks and fine-tune your skills!

# Nurse program

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08:30 Registration

09:00- 9.20 Introduction: Why do we want regional anesthesia for our patients?

Bram Bourignon

9.20-9.50 Basic understanding of the "big five".

Imre Van Herreweghe

9.50-10.20 Something old, something new: Refresher epidural and new plane blocks

Sari Casaer

10.20-10.45 Equipment, Local anesthetics and logistics.

Ine Leunen

10.45-11.15 Block related complications and prevention.

Margaretha Breebaart

11.15-11.30 Coffee break

11.30-12.30: LAST: clinical case and scenario training.

Joris en Marco

13:00 Lunch

# Quiz

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## Social program Friday evening

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Safe Brouwerij

