



Faculty

M. Beaussier, Paris F
M. De Kock, Bruxelles B
P. Forget, Bruxelles B
Ph. Gautier, Bruxelles B
M. Gofeld, Seattle USA
A. Gray, San Francisco USA
E. Guntz, Braine l'Alleud B
G. Hans, Antwerpen B
G. Iohon, Cork IE
J. Mc Donnell, Galway IE
S. Lauwick, Liège B
C. Londot, Charleroi B
B. Nicholls, Taunton UK
P. Pandin, Bruxelles B
A. Pirson, Charleroi B
S. Renes, Nijmegen NL
L. Sermeus, Antwerpen B
F. Singelyn, Angoulême F
P. Van Houwe, Antwerpen B
J. Van Zundert, Genk B
M. Van de Velde, Leuven B
K. Vermeylen, Antwerpen B



THE HONORARY
ALBERT VAN STEENBERGE LECTURE
 Each year an invited speaker who has significantly contributed to Regional Anesthesia in its broadest sense will be invited to lecture and receive the honour of this lecture, in honour

of Dr. Albert Van Steenberghe and his important contributions to the world of regional anaesthesia. The 2010 lecture will be presented by B. NICHOLLS.

Friday 1st OCTOBER 2010 SODEHOTEL - WOLUWE

MORNING SESSION LECTURES (10:00-12:00)

10:00 Welcome and introduction
Ph. Gautier, Bruxelles

US of the spine and for chronic pain

Chairman: J. Van Zundert, Genk

10:10 Ultrasound imaging of the lumbar spine
L. Sermeus, Antwerpen
 10:40 US-guided peripheral nerve and sympathetic blocks for pain management
M. Gofeld, Seattle, USA
 11:10 Ultrasound paravertebral block
Ph. Gautier, Bruxelles
 11:40 Discussion

12:00-14:00 Lunch

AFTERNOON SESSION WORKSHOPS (14:00-18:00)

International faculty:

M. Gofeld, Seattle, USA
 A. Gray, San Francisco, USA
 G. Iohon, Cork, Ireland
 J. Mc Donnell, Galway, Ireland
 B. Nicholls, Taunton, UK

Local experts:

Ph. Gautier, Bruxelles
 E. Guntz, Braine l'Alleud
 C. Londot, Charleroi
 P. Pandin, Bruxelles
 A. Pirson, Charleroi
 L. Sermeus, Antwerpen
 P. Van Houwe, Antwerpen
 K. Vermeylen, Antwerpen

The four blocks every one should know

Interscalenic, axillar, femoral, sciatic
 Management of US-guided perineural catheter

Advanced blocks

Pain blocks : greater occipi tal, third occipital nerve, suprascapular, stellar nerves blocks ...
 Lumbar spine imaging
 Paravertebral block
 Abdominal wall blocks : Iliohypogastric, Ilioinguinal nerves, and TAP

18:00 Closing

Saturday 2nd OCTOBER 2010 SURF HOUSE - EVERE

8:45 Welcome and Introduction
Ph. Gautier, Bruxelles

Parietal analgesia / Visceral pain (9:00-10:30)

Chairmen: M. Van de Velde (Leuven), S. Lauwick (Liège)

9:00 Visceral pain
G. Hans, Antwerpen
 9:25 Continuous wound infiltration for post-operative analgesia
M. Beausier, Paris, France
 9:50 Ultrasound guide abdominal wall blocks
J. Mc Donnell, Galway, Ireland
 10:15 Discussion

10:30-11:00 Coffee break

How can regional anesthesia influence outcome (10:45-12:10)

Chairmen: M. De Kock (Bruxelles), G. Hans (Antwerpen)

11:00 Does regional anesthesia prevent hyperalgesia ?
E. Guntz, Braine l'Alleud
 11:25 Influence of anesthesia on neoplastic outcome
P. Forget, Bruxelles
 11:50 Discussion

VANSTEENBERGE LECTURE

In the modern technological world do we need cadavers to teach on or can the deceased be allowed to rest in peace ?
B. Nicholls, Taunton, UK

12:40 BARA General Assembly

13:00-14:00 Lunch

US (14:00-16:00)

Chairmen: P. Pandin (Bruxelles), F. Singelyn (Angoulême, France)

14:00 What about US in Belgium?
P. Van Houwe, Antwerpen
 14:20 Advanced upper limb ultrasonography
A. Gray, San Francisco, USA
 14:50 Local anesthetic dosage : how low can we go ?
G. Iohon, Cork, Ireland
 15:15 Interscalene nerve block and phrenic monitoring
S. Renes, Nijmegen, Nederland
 15:40 US-guided intraneural injections: are they safe?
L. Sermeus, Antwerpen
 16:00 Advanced lower limb ultrasonography
A. Gray, San Francisco, USA
 16:30 Discussion

REGISTRATION

Registration should be done using the registration form you can find on the back of the flyer or preferably by electronic registration through the website www.bara2001.be.

Registration is only valid if the registration fee is received through bank transfer before September 30th. After September 30th, payment will have to be done the day of the meeting on site at registration desk.

The registration fee must be transferred to bank account 001-3578381-30 of the BARA vzw.

Please use one of the following references on your bank transfer: 'Registration Annual Meeting 2010 + [your name]'

Online registration form: www.bara2001.be

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UNDER THE PATRONAGE OF


**THE EUROPEAN SOCIETY
 OF REGIONAL ANAESTHESIA
 & PAIN THERAPY**

REGISTRATION FORM ANNUAL MEETING 2010

Online registration form: www.bara2001.be

Name _____

First Name _____

Address _____

Telephone _____

E-mail _____

Hospital _____

Please indicate your choice and make the sum at the end.

Friday Fee (Location: Sodehotel, Woluwe)

BARA member (membership 2010 already paid)	Specialist	60 €	<input type="checkbox"/>
	Trainees	10 €	<input type="checkbox"/>
Non BARA member (including membership 2010)	Specialist	100 €	<input type="checkbox"/>
	Trainees	30 €	<input type="checkbox"/>

Saturday Fee (Location: Surf House, Evere)

BARA member (membership 2010 already paid)	Specialist	160 €	<input type="checkbox"/>
	Trainees	60 €	<input type="checkbox"/>
Non BARA member (including membership 2010)	Specialist	200 €	<input type="checkbox"/>
	Trainees	80 €	<input type="checkbox"/>

Two day Fee (Location Friday: Sodehotel, Saturday: Surf House)

BARA member (membership 2010 already paid)	Specialist	200 €	<input type="checkbox"/>
	Trainees	65 €	<input type="checkbox"/>
Non BARA member (including membership 2010)	Specialist	280 €	<input type="checkbox"/>
	Trainees	105 €	<input type="checkbox"/>

Renew your membership 2011 at the same time:

BARA Membership 2011 at reduced rate

The reduced membership rate is only valid when registering for the 2010 congress	Specialist	25 €	<input type="checkbox"/>
	Trainees	10 €	<input type="checkbox"/>

ESRA Membership 2011

Check our website for their benefits http://www.bara2001.be/html/aboutbara/esrabenefits.htm	Specialist	100 €	<input type="checkbox"/>
	Trainees	100 €	<input type="checkbox"/>

Total amount: €

The total amount needs to reach the bank account of the BARA vzw: 001-3578381-30 before September 30th! - to be able to process payments before the congress
IBAN: BE15 0013 5783 8130 Swift/BIC: GEBABEBB
On site registration: payments only in cash, registrations after September 30th + 20€
Accreditation is requested!

Registration: preferably online or the form can be sent or faxed to:

Anesthesia Research
Secretariaat BARA
UZ Leuven
Herestraat 49
3000 Leuven
Fax: 016 34 86 62

Further info: Elke.Verstraeten@uzleuven.be

Friday 1st OCTOBER

Sodehotel

Mounierlaan 5 Emmanuel
1200 Woluwe-Saint-Lambert
www.sodehotel.eu



* By Metro, from Brussels City Centre and from Central Station
Metro 1 - direction Stockel, exit Alma

* By Metro, from THALYS (Train Station Bruxelles-Midi / Brussel Zuid)
Metro 2 or 6 - direction Simonis (Elizabeth), exit Arts-Loi / Kunst Wet
Then take metro 1 - direction Stockel, exit Alma

* IN ALMA Metro station:
After the exit of the metro station take the escalator to the upper level.
Follow the direction "Faculté" and "Auditoires".
After about 100m you will see the "Auditoires Généraux", take the stairs to your right to the street level.
You are now on Avenue Mounier. Turn to your right and follow Avenue Mounier for about 300m.
You will arrive at Sodehotel (situated on your right).

* From the airport to the hotel
By taxi
Taxis are situated at the main entrance of the Airport. It will take 10 to 15 minutes to our hotel.
By Shuttle
The Sodehotel offers a free shuttle service from and to the airport.
Departure Hotel: every 45 minutes from 05.00 to 09.15 and from 17.40 to 22.45 - schedule

* By car, from Namur - Luxembourg / Mons - Charleroi - Paris
Follow the Ring Est (R0) direction Brussels. Take exit 2 Wezembeek-Oppem Kraainem. You are now on the Avenue de Wezembeek. Follow this street on your left direction UCL St Luc. Turn right into Avenue Emmanuel Mounier after the fourth traffic light, just after the JET station and the Quick fast food. You will see the hotel after a small kilometer on your right.

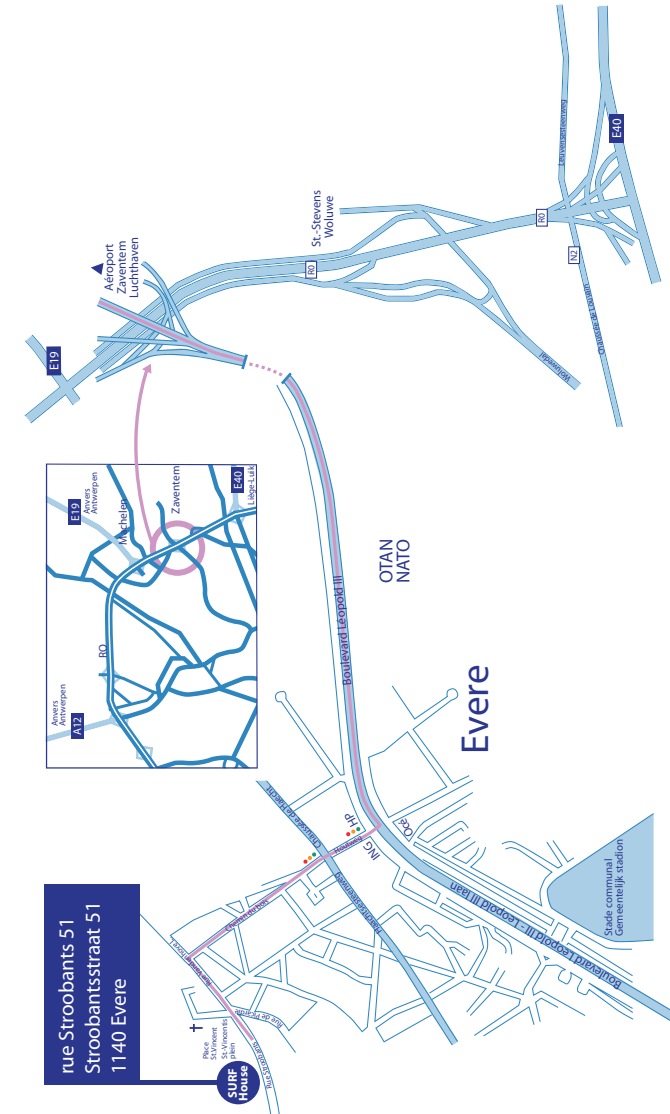
* By car, from Gand - Antwerp/Amsterdam
Follow the Ring Zaventem Airport. Take exit 3 Woluwe. You are now on the Boulevard de la Woluwe. Follow this boulevard direction UCL St Luc and turn on your left at the 4th traffic light. You are now on the Avenue Hippocrate, where you turn on the first street on your right, which is the Avenue Emmanuel Mounier. The hotel is on your left.

* By car, from Liège - Cologne
Follow the E40 and take exit 20 Kraainem Woluwe. Take the Boulevard de la Woluwe to your right and turn left on the Avenue Hippocrate after the first traffic light.
Take the first street right (Avenue Emmanuel Mounier) and you will see the Sodehotel on your left.

Saturday 2nd OCTOBER

Surf House

Stroobantsstraat 51 - Rue Stroobants
B-1140 EVERE
www.surfhouse.be



10th Annual Meeting

October 1 & 2, 2010

PERIPHERAL NERVE BLOCKS

